

ST JOHN'S COLLEGE

Sports & Clubs Policy

November 2022

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Sports & Clubs Policy

1. INTRODUCTION

St John's College aims to provide a sporting and cultural environment which caters for the diverse and changing school community through the provision of a variety of sporting and cultural activities for all students who wish to participate in sports and clubs, regardless of ability.

St John's College aims to:

- 1.1 Provide a variety of activities that enable and encourage student participation in the sporting and cultural life of the school.
- 1.2 Maintain the high standards of behaviour, uniform, and discipline on and off the field that are expected across all areas of the school.
- 1.3 Provide, where possible, teams which cater for a range of abilities.
- 1.4 Promote the attainment of sporting and cultural excellence.
- 1.5 Incorporate and abide by the CHISZ Schools Charter for Sports & Clubs.

Students who represent St John's College in the sporting and cultural arena are expected to reflect the values of the College and:

- 1.6 Play to win but play within the rules.
- 1.7 Always play and represent the school with pride.
- 1.8 Respect the decisions of the match officials.
- 1.9 Support their teammates.
- 1.10 Always wear the correct St John's College sports and clubs' uniform.
- 1.11 Attend and be punctual at all practices and meetings.
- 1.12 Attend all classes during the school day.
- 1.13 Wear the St John's College sports and clubs' attire with pride.
- 1.14 Not get involved in any situation that negatively affects the reputation of our school.

St John's College Sports & Clubs Policy

2. STRUCTURE OF SPORTS AND CLUBS AT ST JOHN'S COLLEGE

Headmaster	The Headmaster and/or his Deputies have overall authority for all areas and report to the Board of Governors.
Director of Sport	The Sports Director provides assistance to all sports and is accountable for all sports related matters within the school.
Director of Culture	The Cultural Director provides assistance to all clubs and is accountable for all clubs related matters within the school.
Deputy Director of Sport	Assists the Sports Director.
Colours Committee	The Members are constituted:Recommend colours awards.Ratify awards.
Teacher in Charge	Overall organisation of their sport or club and reports to the Sports Director/ Cultural Director.
Parents Committee	Provides assistance to the Master in Charge, especially in regard to fundraising and resourcing.
Coach/Manager	Reports to the Master in Charge of their sport or club.
Player	Reports to coaches and managers of their team.



3. SPORTS, CLUBS AND SOCIETIES AT ST JOHN'S COLLEGE

Eas	ster and Christmas Terms		Trinity Term
Sport	Clubs and Societies	Sport	Clubs and Societies
Major	Art	Major	Art
Basketball	Bridge	Football	Bridge
Cricket	Chess	Hockey	Chess
Swimming	Coding	Rugby	Coding
Tennis	Choir		Choir
Waterpolo	Engineering	Minor	Engineering
	Events Management	Golf	Events Management
Minor	First Aid	Squash	First Aid
Athletics	French	Volleyball	French
Golf	Jazz Band		Jazz Band
Squash	Marimba	Invitation	Marimba
Volleyball	Pipes & Drums Band	НРС	Pipes & Drums Band
	Pottery	Specialist Tennis	Pottery
Invitation	Quiz		Quiz
HPC	Public Speaking		Public Speaking
Specialist Tennis	Ram Committee (L6 only)		Ram Committee (L6 only)
	Rugby Refs		Rugby Refs
	Sound & Light		Sound & Light
	Toyota Mechanics		Toyota Mechanics
	Tutoring Club (Da Vinci) 6th Form Only		Tutoring Club (Da Vinci) 6th Form Only
	Invitation		Invitation
	Pipe Band A		Pipe Band A
	Societies		Societies
	Debate		Debate
	Drama		Drama
	Interact (6 th Form Only)		Interact (6 th Form Only)
	Model United Nations		Model United Nations
	Toastmasters (U6 only)		Toastmasters (U6 only)

St John's College Sports & Clubs Policy

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A Capella & Choir - Seniors Art - Seniors Art - Seniors Bridge - Seniors French - Seniors French - Seniors French - Seniors French - Seniors Toyota Mechanica - Seniors Electric Band - Seniors Electric Band - Seniors Electric Band - Seniors Atheter - UI S Senior (1430 - 1510) Squark (Open (1430 - 1510) Squark (Open (1430 - 1510) Tennis - UI 4 (1515 - 1615) Marimba - Seniors		2	A Capella & Chort-Junitors Arts-Junitors Bridge-Juniors First Ad-Juniors Jazz Band - Juniors Jazz Band - Juniors Pipe & Drums - Beghmers	13:30 - 14:30 Matches		F1 & F2 Prep Mon - Thur
A Capella & Choir - Seniors Art - Seniors Art - Seniors Brégge - Seniors French - Seniors Instrumental Ensemble - All Ages French - Seniors Instrumental Ensemble - All Ages Bran Commenter (L6) Toyata Mechanica - Seniors Electric Band - Seniors Electric Band - Seniors Rester (Serior - Junior (12-30 - 1510) Squath (Open Sesion) Termis - Uri 4 Waterpolo - Uri 4 (15:5 - 16(15) Squath (Open Sesion) Termis - Uri 4 Waterpolo - Uri 4 (15:5 - 16(15) Debate Society - Intermediute & Seriors First Ad - Seniors Mirindaa - Seniors		2	A Capella & Chor - Juniors Art: Juniors Bridge - Juniors First - Juniors Jaz Bard - Juniors Jaz Bard - Juniors Pipe & Drums - Beginners	Matches	Matches	F1 & F2 Prep Mon - Thur
A Capella & Clone - Sentors Art - Sentors Brdge - Sentor Fedde - Sentor Fedde - Sentor fam Committer (L6) fam Committer (L6) fam Committer (L6) fam Committer (L6) fam Committer (L6) fam Committer (L6) for the charter fedde - Sentor fedde - Sentor Senton - U14 (L5:15 - 6(15) Squart (Den Committer (L5) fam Ad - Sentor frant Ad - Sentor frant Ad - Sentor Merimba - Sentor			A Capella & Choir - Juniors Art - Juniors Bridge - Juniors First Aid - Juniors Jazz Band - Juniors Pipes & Drume - Beginners	Matches	Matches	F1 & F2 Prep Mon - Thur
A Capalla & Char.' Sentors #Att.' Sentors #Att.' Sentors #endge - Sentor French.' Sentor French.' Sentor French.' Sentor Electric Band - Sentor Electric Band - Sentor HPC Athletts. Atl Ages Athletts. Atl Ages Somming - Junior (1420 - 1510) Squark (Open Section) Att Add - Sentors Athletts. Atl Add - Sentors Mairrinda. Sentors Mairrida. Sentors			A Capella & Choir - Juniors Art - Juniors First Adg - Juniors First Add - Juniors Jazz Band - Juniors Pipes & Drums - Beginners		Transmin or	Mon - Thur
Art-Seniors Refer - Seniors French - Seniors Instrumental Ensemble - All Ages Tenton - Seniors Tentones Tentor - Seniors Reactional - Unior Arthetec - UI Ages Readerball - U14 Arthetec - UI5 Seamming - Junior (1230 - 1510) Squarb (Agen - Seniors Tenths - U14 Waterpolo - U14 (15:15 - 16(15) Marthan - Seniors Marthan - Seniors Marthan - Seniors			Art - Juniors Bridge - Juniors First Ald - Juniors Jazz Band - Juniors Pipes & Drums - Beginners			
Brdge-Soliots Ferdi-Seniors Instrument Eisenehe-Mi Ages Ran Commit Fisenehe Ran Commit Fisenehe Fan Commit Fisenehe Ran Commit Fisenehe Rektist (La) Ran Commit Fisenehe Rankin - UH Squehol - UH (15:15- 16:15) Squehol - UH (15:15- 16:15) Vaterpolo - UH (15:15- 16:15) Rettrad - Senion Fist Ad-Senion Marimba - Senion			Bridge - Juniors First Aid - Juniors Jazz Band - Juniors Pipes & Drums - Beginners			13:45 - 14:25
French - Sentors French - Sentors Fan Committee (L0) Toyota Mechanica - Sentors Electric Band - Sentors Electric Band - Sentors Athletts - Ail Ages Athletts - VI a Seatural - Uta Seatural - Uta Seatural - Uta Cicket - Uts Seatural - Uta Seatural - Uta (15:15 - 16:15) Auterpolo - Uta (15:15 - 16:15) Clebate Society - Intermediate & Sentor Electric Adi - Sentors Mairrinas - Sentors			First Aid - Juniors Jazz Band - Juniors Pipes & Drums - Beginners	Basketball	Cricket	
Instrumental formulae - Mi Ages Ram Committee (L6) Toyoua Mchanita - Senios Electric Band - Senios MPC Amteric - Senios Basilettsall - U14 Caster - U15 Swimming - Junior (1230 - 1510) Gutath (Dyen Sesision) Termis - U14 Waterpolo - U14 (15:15 - 16(15) Termis - U14 Waterpolo - U14 (15:15 - 16(15) Termis - Senion Mirrindaa - Senion			Jazz Band - Juniors Pipes & Drums - Beginners	Seniors	Seniors	
Ran Committer (L6) Ran Committer (L6) Electit Band - Seniors Electit Band - Seniors HPC Affletts- All Ages Bastetbal - U4 Cotest - U15 Seniming - Junier (L20 - 151.0) Squark (L20 - 151.0) Squark (L20 - 151.0) Tennol - U14 (15.15 - 16.15) Vaterpolo - U14 (15.15 - 16.15) Debate Society - Internediate & Senior Marimba - Senior			Pipes & Drums - Beginners	U16	016	Conversational Shona
Toyota Mechanics - Seniors Electric Band - Seniors HPC Affrettes - All Ages Basterial - Ut 4 Calerabil - Ut 4 Somming - Junior (1:434 - 1510) Squash (Open Sesion) Termis - Ut 4 Waterpolo - Ut 4 (15:15 - 16:15) Termis - Ut 4 Waterpolo - Ut 4 (15:15 - 16:15) Debate Society - The mediate & Seniors First Ad - Seniors				U15	U15	Tues & Wed
			Wind Band - Juniors	U14	U14	13:45 - 14:30
			Media - All Ages			
			First Aid - Juniors			Da Vinci Tutoring
				Tennis	Waterpolo	Mon - Thur
Athletics - All Ages Basketball - U14 Creket U15 Swimming - Juniler (1430 - 1510) Squash (Open Sestion) Tennis U14 (15:15 - 16:15) Waterpolo - U14 (15:15 - 16:15) Debate Society - Intermedute & Seriors First Ad - Seniors Marimba - Seniors				Seniors	Seniors	13:45 - 14:30
Athletics - All Ages Basketball - U14 Easketball - U14 Switch - U16 Switch - U16 Squash (Open Sesion) Teonis - U14 (15:15 - 16:15) Data Society - Intermediate & Senion Fister Ad - Senions Martenbol - U14 (15:15 - 16:15)	Athletics - All Ages Basketball - U16 Cicket - Senior Squash (Open Session) Tennis - U16	Athletics - All Ages		U16	U16	
Basketball-U14 Basketball-U14 Cricket-U15 Swimming-Junia (H20-15:10) Squath (Open Section) Femits-U14 (15:15-16:15) Detabate Society-Intermedute & Sentions Fitta Ad - Sentions Marinhab - Sentions Marinhab - Sentions	Basketball- U16 Cricket - Senior Squash (Open 5 ession) Tennis - U16		Athletics - All Ages	U15	U15	Engineering Club
Crkiet. UIS Swimming - Junier (1430 - 1510) Squash (Open Sestion) Tentis: U14 Waterpolo - U14 (15:15 - 16:15) Waterpolo - U14 (15:15 - 16:15) Debate Society - Intermedute & Sentors First Ad - Seniors Marimba - Seniors	Cricket - Senior Squash (Open Session) Tennis - U16	Basketball - U15	Basketball - Seniors	U14	U14	Mon - Thur
Swimming - Junior (14:30 - 15:10) Squash (Open Session) Teonis - U14 Waterpolo-U14 (15:15 - 16:15) Debate Society - Intermediate & Seniors First Ad - Seniors Marimba - Seniors	Squash (Open Session) Tennis - U16	Cricket - U14	Cricket - U16			13:45 - 14:30
Squach (Open Session) Termis- U14 Waterpolo - U14 (15:15 - 16:15) Debate Society - Intermediate & Sentors Fista Ad - Sentors Fista Ad - Sentors Martimba - Sentors	Tennis - U16	Tennis - U15	Swimming - Senior (14:30 - 15:10)			
Tennis- U14 Waterpolo- U14 (15:15 - 16:15) Debate Society-Intermediate & Seriors First Ad - Seriors Marimba - Seriors		Squash - Seniors (14:30 - 16:30)	Tennis - Seniors	Waterpolo	Swimming	Sound & Light Unit (All Ages)
Waterpolo - U14 (15:15 - 16:15) Petsate Society - Intermediate & Sentions Fitta Ad - Senions Mairmba - Senions	Volleyball - Seniors	Waterpolo - U15	Squash - Juniors (14:30 - 16:30)	U16	Galas	Thur
Debats Society - Intermediate & Sentors First Aid - Sentors Marinha - Seniors	Waterpolo - U16/17		Volleyball - U14/15/16	U15	14:00 - 17:00	13:45 - 14:30
Debate Society - Intermediate & Sentors First Ad - Secons Marimba - Seniors			Golf - Juniors (14:30 - 17:30)	U14		
Debate Society - Intermed late & Serifors First AN - Senifors Marmba - Senifors	Afternoon Session 2	2				Quiz
Debate Society - Intermediate & Seniors First Ald - Seniors Marimba - Seniors	Cli	Clubs			Wind Band	Wed
First Aid - Seniors Marimba - Seniors	A Capella & Choir - Juniors	Chess - Seniors	Electric Band - Juniors		10:00 - 11:30	13:45 - 14:30
Marimba - Seniors	Drama Club - Juniors	Drama - Seniors	Instrumental Ensemble - All Ages			
	Marimba - Juniors	Hospitality & Events (F4 - U6)	Marimba - Juniors		Choir	
Pipes & Drums - Advanced	Wind Band - Juniors	Jazz Band - Seniors	Pottery - Juniors		08:00 - 10:00	
	Electric Band - Juniors	Marimba - Seniors				
		Electric Band - Seniors				
1605-1225						
		Sports				
Athletics - All Ages	Athletics - All Ages	Athletics - All Ages	Athletics - All Ages			
Cricket - U14 (16:20 - 17:25)	Basketball - Seniors	Cricket - U15 (16:05 - 17:25)	Basketball - U16			
	Cricket - U16 (16:15 - 17:45)	Basketball - U14	Cricket - Senior			
	Tennis - Senior	Tennis - U14	Tennis - U16			
	Waterpolo - U16/17	Waterpolo - U14 (16:00 - 17:15)	Volleyball - Seniors			
	Volleyball - U14/15/16	Waterpolo - 1's (17:15 - 18:30)	Waterpolo - U16/17 (16:00 - 17:20)			
Wa	Waterpolo - Senior (17:30 - 18:30)		Waterpolo - Senior (17:30 - 18:30)			
17:30 - 18:00 SJC Cross Country (3:5km) Compulsory SJC Cross Country (3:5km) Compulsory	Cross Country (3.5km) Compulsory	SJC Cross Country (3.5km) Compulsory	SJC Cross Country (3.5km) Compulsory			
	Evening Sessions					
Interact Society - 6 th Form Only (18:00 - 19:00)		MUN - All Ages (17:45 - 19:00)				
A/H Specialist Tennis (17:45 - 19:00) Sp	Specialist Tennis (17:45 - 19:00)	Toastmasters - U6 (19:00 - 21:00)	Specialist Tennis (17:45 - 19:00)			

1ST HALF OF EASTER TERM AFTERNOON CO-CURRICULAR TIMETABLE

*Please note that the following schedules are subject to change and the images you see below cannot be used as the sole copy of the afternoon co-curricular timetable.

R. MA
Context and the

				Toastmasters - U6 (19:00 - 21:00)			A/H
				MUN - All Ages (17:45 - 19:00)		InteractSociety - 6 th Form Only (18:00 - 19:00)	
				ins	Evening Sessions		
_							
			Specia list Tennis				
			Rugby - U16	Specialist Tennis	Specialist Tennis	Specialist Tennis	
			Open Hockey - Seniors	Football - U14	Football - U16	Football - U15	
			Open Football- Seniors	Hockey - U14	Hockey - U16	Hockey - U15	
			Open Rugby - Seniors	Rugby - U15	Open Rugby - Seniors	Rugby - U14	
				Sports	S		10100 11 100
							16-05 - 17-25
				Electric Band - Seniors	Media		
				Marimba - Seniors	Electric Band - Juniors		
	08:00 - 10:00		Pottery - Juniors	Jazz Band - Seniors	Wind Band - Juniors	Pipes & Drums - Advanced	
	Choir		Marimba - Juniors	Hospitality & Events (F4 - U6)	Marimba - Juniors	Marimba - Seniors	
			Instrumental Ensemble - All Ages	Drama - Seniors	Drama Club - Juniors	First Aid - Seniors	
13:45 - 14:30	10:00 - 11:30		Electric Band - Juniors	Chess - Seniors	A Capella & Choir - Juniors	Debate Society - Intermediate & Seniors	
Wed	Wind Band			Clubs			
Quiz				pn 2	Afternoon Session 2		
13:45 - 14:30			Squash - Juniors (14:30 - 16:30)		Specialist Tennis	Specialist Tennis	
Thur			Specialist Tennis	Specialist Tennis	Rugby - U16	Golf- Seniors (14:00 - 17:30)	
(All Ages)			Golf - Juniors (14:30 - 17:30)	Squash - Seniors (14:30 - 16:30)	Squash (Open Session)	Squash (Open Session)	
Course of indeally			voneyoan - seritors	Football - 015	voneyban - seriiois	Pootball - U 14	
13:45 - 14:30			rootball - U lo		Open Football - Senior	Hockey-U14	
				10 June 10 F	Open Hockey - Jellion	nuguy - or o	
Mon - Thur			Hockey = 1116	Ruchy = 111.4	Onen Hockey - Senior	Runhy = 1115	
Engineering Club							
				Sports	S		
13:45 - 14:30				HPC		HPC	
Mon - Thur							14:30 - 15:55
Da Vinci Tutoring							
_			First Aid - Juniors		Toyota Mechanics - Juniors	Electric Band - Seniors	
13:45 - 14:30			Wind Band - Juniors		Public Speaking - Juniors	Toyota Mechanics - Seniors	
Tues & Wed			Pipes & Drums - Beginners	Public Speaking - Seniors	Pipes & Drums - Intermediate	Ram Committee (L6)	
Conversation al Shon a			Jazz Band - Juniors	Pipes & Drums - Advanced	Jazz Band - Juniors	Instrumental Ensemble - All Ages	
	Rugby	Soccer, Hockey & Volleyball	First Aid - Juniors	Media Club	French - Juniors	French - Seniors	
			Bridge - Juniors	Coding - Seniors	Debate Society - Juniors	Bridge - Seniors	
13:45 - 14:25			Art - Juniors	Bridge - All Ages	Coding - Juniors	Art - Seniors	
Mon - Thur			A Capella & Choir - Juniors	A Capella & Choir - Seniors	Chess - Juniors	A Capella & Choir - Seniors	
F1 & F2 Prep	Matches	Matches		Clubs	0		
				on 1	Afternoon Session 1		
	06:30 - 08:30						
	Manual Labour			sions	Early Morning Sessions		

2ND HALF OF EASTER TERM AFTERNOON CO-CURRICULAR TIMETABLE



				F1 & F2 Prep	Mon - Thur	13:45 - 14:25			Conversational Shona	Tues & Wed	13:45 - 14:30		Da Vinci Tutoring	Mon - Thur	13:45 - 14:30		Engineering Club	Mon - Thur	13:45 - 14:30		Sound & Light Unit (All Ages)	Thur	13:45 - 14:30	Quiz	Wed	13:45 - 14:30																	
Saturday	Manual Labour	06:30 - 08:30		Matches				Rugby																	Wind Band	10:00 - 11:30		Choir	08:00 - 10:00														
Friday				Matches				Soccer, Hockey & Volleyball																																			
Thursday					A Capella & Choir - Juniors	Art - Juniors	Bridge - Juniors	First Aid - Juniors	Jazz Band - Juniors	Pipes & Drums - Beginners	Wind Band - Juniors	First Aid - Juniors					Athletics - Seniors	Hockey - U16	Football - U16	Open Football - Seniors	Volleyball - Seniors	Goff - Juniors (14:30 - 17:30)	Squash - Juniors (14:30 - 16:30)			Electric Band - Juniors	Instrumental Ensemble - All Ages	Marimba - Juniors	Pottery - Juniors					Athletics - Seniors	Open Rugby - Seniors	Open Hockey - Seniors	Rugby - U16		SJC Cross Country (3.5km) Compulsory			Specialist Tennis (17:45 - 19:00)	
Wednesday	ions		11	Clubs	A Capella & Choir - Seniors	Bridge - All Ages	Coding - Seniors	Media Club - Seniors	Pipes & Drums - Advanced	Public Speaking - Seniors					HPC	Sports	Athletics - Juniors	Rugby - U14	Hockey - U15	Football - U15	Squash - Seniors (14:30 - 16:30)			12	Clubs	Chess - Seniors	Drama - Seniors	Hospitality & Events (F4 - U6)	Jazz Band - Seniors	Marimba - Seniors	Electric Band - Seniors		Sports	Athletics - Juniors	Rugby - U15	Hockey - 14	Football - U14		SJC Cross Country (3.5km) Compulsory	S	MUN - All Ages (17:45 - 19:00)	Toastmasters - U6 (19:00 - 21:00)	Specialist Tennis (17:45 - 19:00)
Tuesday	Early Moming Sessions		Afternoon Session 1	G	Chess - Juniors	Coding - Juniors	Debate Society - Juniors	French - Juniors	Jazz Band - Juniors	Media - Juniors	Pipes & Drums - Intermediate	Public Speaking - Juniors	Toyota Mechanics - Juniors			Sp	Athletics - Seniors	Hockey - U16	Football - U16	Volleyball - Seniors	Squash (Open Session)			Afternoon Session 2	Ū	A Capella & Choir - Juniors	Drama Club - Juniors	Marimba - Juniors	Wind Band - Juniors	Electric Band - Juniors				Athletics -Seniors	Open Rugby - Seniors	Open Hockey - Seniors	Open Football - Seniors	Rugby - U16	SJC Cross Country (3.5km) Compulsory	Evening Session		Specialist Tennis (17:45 - 19:00)	
Monday					A Capella & Choir - Seniors	Art - Seniors	Bridge - Seniors	French - Seniors	Instrumental Ensemble - All Ages	Ram Committee (L6)	Toyota Mechanics - Seniors	Electric Band - Seniors			HPC		Athletics - Juniors	Rugby - U15	Hockey - U14	Football - U14	Squash (Open Session)					Debate Society - Intermediate & Seniors	First Aid - Seniors	Marimba - Seniors	Pipes & Drums - Advanced					Athletics - Juniors	Rugby - U14	Hockey - U15	Football - U15		17:30 - 18:00 SJC Cross Country (3.5km) Compulsory SJC Cross Country (3.5km) Compulsory		Interact Society - 6 th Form Only (18:00 - 19:00)	Specialist Tennis (17:45 - 19:00)	
Time														14:30 - 15:55																		16:05 - 17:25							17:30 - 18:00			HA	_

TRINITY TERM AFTERNOON CO-CURRICULAR TIMETABLE



				Toastmasters - U6 (19:00 - 21:00)			A/H
				MUN - All Ages (17:45 - 19:00)		Interact Society - 6 th Form Only (18:00 - 19:00)	
				SU	Evening Sessions		
			Specia list Tennis				
			Rugby - U16	Specialist Tennis	Specialist Tennis	Specialist Tennis	
			Open Hockey - Seniors	Football - U14	Football - U16	Football - U15	
			Open Football- Seniors	Hockey - U14	Hockey - U16	Hockey-U15	
			Open Rugby - Seniors	Rugby - U15	Open Rugby - Seniors	Rugby - U14	
				Sports	S		
							16:05 - 17:25
				Electric Band - Seniors	Media		
				Marimba - Seniors	Electric Band - Juniors		
	08:00-10:00		Pottery - Juniors	Jazz Band - Seniors	Wind Band - Juniors	Pipes & Drums - Advanced	
	Choir		Marimba - Juniors	Hospitality & Events (F4 - U6)	Marimba - Juniors	Marimba - Seniors	
			Instrumental Ensemble - All Ages	Drama - Seniors	Drama Club - Juniors	First Aid - Seniors	
13:45 - 14:30	10:00-11:30		Electric Band - Juniors	Chess - Seniors	A Capella & Choir - Juniors	Debate Society - Intermediate & Seniors	
Wed	WindBand			Clubs			
Quiz				on 2	Afternoon Session 2		
0.01 - 00.01			(actor - actor) croning - incode		observation returns		
13-45 - 14-30			Source - Lunione (14-30) - 16-30)		Sportalist Tannis	Specialist Tennis	
Thur			Specialist Tennis	Specialist Tennis	Ruaby - U16	Golf - Seniors (14:00 - 17:30)	
Sound & Light Unit			Golf - Juniors (14:30 - 17:30)	Squash - Seniors (14:30 - 16:30)	Squash (Open Session)	Squash (Open Session)	
			Volleyball - Seniors	Football - U15	Volleyball - Seniors	Football - U14	
13:45 - 14:30			Football - U16	Hockey - U15	Open Football - Senior	Hockey - U14	
Mon - Thur			Hockey - U16	Rugby - U14	Open Hockey - Senior	Rugby - U15	
Engineering Club							
				Sports	S		
13:45 - 14:30				HPC		HPC	
Mon - Thur							14:30 - 15:55
Da Vinci Tutoring							
			First Aid - Juniors		Toyota Mechanics - Juniors	Electric Band - Seniors	
13:45 - 14:30			Wind Band - Juniors		Public Speaking - Juniors	Toyota Mechanics - Seniors	
Tues & Wed			Pipes & Drums - Beginners	Public Speaking - Seniors	Pipes & Drums - Intermediate	Ram Committee (L6)	
Conversational Shona			Jazz Band - Juniors	Pipes & Drums - Advanced	Jazz Band - Juniors	Instrumental Ensemble - All Ages	
	Rugby	Soccer, Hockey & Volleyball	First Aid - Juniors	Media Club	French - Juniors	French - Seniors	
			Bridge - Juniors	Coding - Seniors	Debate Society - Juniors	Bridge - Seniors	
13:45 - 14:25			Art - Juniors	Bridge - All Ages	Coding - Juniors	Art - Seniors	
Mon - Thur			A Capella & Choir - Juniors	A Capella & Choir - Seniors	Chess - Juniors	A Capella & Choir - Seniors	
F1 & F2 Prep	Matches	Matches		Clubs			
				on 1	Afternoon Session 1		
	06:30-08:30						
	Manual Labour			sions	Early Morning Sessions		
	saturday	rriuay					

CHRISTMAS TERM AFTERNOON CO-CURRICULAR TIMETABLE



4. STUDENT REQUIREMENTS

4.1 All students are required to participate and contribute positively to the College. The following are guidelines to ensure that all students have adequate opportunity to fulfil their potential and contribute to the overall success of the College.

4.2 Senior Students (Forms 4 to 6)

Senior students will be expected to participate in one major or minor sport and one club. These are based on the sports and clubs, dependent on the term. A total of two activities are required throughout the year. Senior students will be expected to participate in all activities up to and until half term of the third term. At the discretion of the Sports Director or Cultural Director, 6th Form students may elect to specialise with either a sport or club.

4.3 Junior Students (Forms 1 to 3)

Junior students will be expected to participate in two major sports and one club in the second term and one major sport, one minor sport and one club in the first and third term. Major and minor sports are outlined for each term. These are based on the sports and clubs, dependent on the term. A total of three activities are required throughout the year.

4.4 Specialisation of Sport or Club

Students of St John's College are not encouraged to specialise at junior level. Specialisation will only be considered based on the past contributions of the student and the impact of the student not being able to fully fulfil their requirements as outlined in sections 1.1.1 and 1.1.2. These students will be required to train at least once per week with their respective school team and must adhere to any discipline and attendance policies imposed on other players within these teams. If a student is selected for a school team to participate during the weekend or any other day of the week this will take precedence over all outside activities.

4.5 HPC & Pipe Band A

Students of the college who are invited to join the high performance club **(HPC)** may elect not to participate in a club.

Students selected into Pipe Band A in Forms 1 to 3 may elect to participate in one sport only. Students in form 4 to U6 may elect to participate in no sports.

Any transgressions by a student who is in the HPC may result in automatic exclusion from the HPC and the student reverting back to the standard sports and club's criteria. The same premise applies to students in Pipe Band A.



A discretionary call will be made by the Sports & Cultural Directors before a student is allowed to specialise. A detailed outline including training schedules and competition/tournament requirements must be submitted to the Sports Director or Cultural Director, as well as the contact details of the club/coaches and managers involved. The College encourages that all extra coaching and training takes place outside regular College hours so as not to interfere with the co-curriculum programme.

4.5.1 Commitment to a chosen Sport or Club

If a boy commits himself to a sport or club in the first term, which is also played in the third term of that year, the boy is deemed to have committed himself to both terms and may not request to be excused from his commitment for study purposes or for any other reason.

6th Form students are required to fulfil their sporting and cultural commitments. This MUST be made quite clear to all 6th Form students at the start of the year when they commit themselves to a sport or club. In the event of a 6th form student wanting not to play during their final term or examinations period, he needs to submit a written motivation to the Director of Sport and Cultural Director.

4.5.2 School Attendance/ Training attendance

The Academic Programme of the school is the primary priority of St John's College. If a boy does not respect that in terms of attendance and participation, he should not be allowed to take part in a sports or club fixture.

If a student is not at school on the day of or day before a fixture, or misses the final practice before a fixture, he may not participate for the school in the upcoming fixture.

If a student has an appointment of some sort on the day before a fixture, he must make every attempt to attend school for some part of the day. If the student wants to participate in the fixture, he/she must therefore inform or serve a reasonable notice to his/her coach, TIC and Director of Sport/Cultural of the nature of his/her non-attendance.

If a student is going to miss any scheduled training session for whatever reason, he/she should collect a Non- Attendance Form from the Sports/Cultural Director at least 24 hours before the session he/ she is due to miss, have the form signed by his/her Coach / TIC and his/her parents and return the form to the Sports/Cultural Director. Failure to comply with this process will result in the student being placed on Manual Labour.

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4.5.3 Sport and Club during examinations

Sports and clubs will be suspended during the examination period except in exceptional circumstances were called for by coaches/TIC with teams participating in fixtures noted in the calendar. Details of these practices will be communicated to the students by their coaches in advance.

4.5.4 Selecting "out of age group" in team sports/clubs

This applies to the ALL sports & Clubs.

A committee comprising the Deputy Headmaster in charge of Student Affairs, the Director of Sport, the Cultural Director, the TIC of the sport or club concerned, and the coach will discuss any deviation from the age group rules. The Deputy Headmaster has the casting vote if required.

This policy applies for selection of U14, U15, U16 players to Open teams only. The following principles will apply:

- Any junior boy must be the best player in his position in the College to be considered for selection for the 1st Team of the College
- At all times if doing so, the underlying consideration needs to be one of: "Will the best interest of all boys be considered?"
- The junior boy must be able to cope with all his school requirements
- Careful consideration must also be given to the senior boy whose place the junior boy may be competing for. If the players are of equal ability, preference should be given to the senior boy.

4.6 **Outside activities**

Students will be allowed to participate in other activities not offered by the College. These students will still be required to fulfil their sport and club commitments as outlined in section 1.1.1 and 1.1.2. If selected for a school team to participate on the weekend or any other day of the week this will take precedence.

4.6.1 National Selection

Correspondence from the National Governing bodies is required before a student is allowed a release from the regular requirements of the co-curriculum programme. A detailed outline including training schedules and competition/tournament requirements must



be submitted to the Sports/Cultural Director, as well as the contact details of the club/coaches and managers involved. The Sports/Cultural Director is to communicate all such schedules to the College Faculty. The College encourages that all extra coaching and training takes place outside regular College hours as not to interfere with the cocurriculum programme.

Should the sport or club continue in any form i.e., training camps and tournaments outside the regular season as outlined by the Zimbabwe School system, further details as mentioned above will need to be provided to the Sports/Cultural Director. The student will be expected to fulfil all requirements of the St John's College co-curriculum programme in this case.

Students who participate in national trials must indicate before the selection tournament whether or not they are available for selection. This must be discussed with the Teacher in Charge of the sport or club. Should there be circumstances beyond the control of the student and their family, these must be brought to the attention of the Sports/ Cultural Director.

If a student makes himself available for selection for a national team, he is expected to fulfil that commitment in its entirety. He should not pull out of a team after the selection process.

4.6.2 Clash of major and minor sports and clubs' fixtures

Strict adherence to the term calendar will be followed here. Late entries of fixtures will not be tolerated. Major sports and Clubs will take precedence over minor sports and clubs as outlined, provided major sports and clubs' fixtures are on expected days. Minor sport and club fixtures will take precedence over major sport and club practices only.

4.6.3 Sport & Club Seasons

We understand the importance of pre-season training, **HOWEVER** the precedence of the in-season programme should not be compromised, and it is the responsibility of the TICs and coaches to make sure that the in-season programme and schedule takes preference over any pre-season training. Academics should not be compromised.

PRE-SEASON TRAINING

Our first teams should have every opportunity to be prepared for their season.



The various other teams should also be well prepared but may only be allowed up to four weeks to do pre-season training. Pre-season can only be scheduled at stipulated times as permitted by the Director of Sport.

Very important: If a boy wants to take part in a pre-season programme, he is then compelled to participate in that in-season sport or club.

5. SELECTION

- Students will be selected for teams based on merit.
- Selection needs to be 100% fair, consistent, objective, impartial and transparent.
- Coaches/TICs should communicate to players if they are going to leave a player out of a team.
- This must be done with honesty and empathy.
- Communication must be of such a nature that the message should not come as a surprise to the student, i.e., the player should be spoken to prior to the public announcement of a team.
- Coaches should also give any student that has been dropped, be it altogether or to a lower team, fair reason, and explanation together with guidance on how he/she can improve in order to be considered for selection into any particular team.

5.1 Reserves or squads

- If a team needs reserves in case of injury, they may take reserves from the team below only after that player has played a full fixture himself.
- In those sports that choose a squad of players for a match, care must be taken that all players need to play that fixture.
- It is highly recommended that the composition of the squad is such that all players play a minimum of half the allotted time for the game.
- If a player is selected to go on tour and is not part of the first-choice team, he should at least play one third of the total time of all fixtures on tour.



6. SPORT UNIFORM AND KIT

- Students practise in green St John's College shorts and a grey St John's round neck T-shirt
- A St John's College tracksuit should be worn when cold
- The official St John's cap or hat should also be worn
- It is important to note that no other green or white garment (provincial clothing, festival, or sponsored shirts etc.) should be worn
- First teams may have special playing and warm up kit. Care must be taken that the warmup kit adheres to the official colours and branding of St John's College.
- Only black short (way above the knees) skin tights can be worn under the shorts at First Team level. These must be well covered by the shorts. Long skin tights are NOT allowed.
- Add-ons like shooting sleeves and sweat bands are NOT allowed
- Short black elbow and knee guards are allowed in case of Basketball.
- For clubs, Number Ones must be worn at matches. Ties specific to certain clubs & societies may be worn

Sports/Cultural Director to ensure that all teams have adequate numbers viable for the creation of teams and that sporting and cultural talent is not concentrated in one particular sport or club only.

7. CONCLUSION

It is the responsibility of all students, staff, coaches, parents/guardians, patrons, and community members of St John's College to acknowledge their responsibility with regard to the College and its educational objectives. The overall aim is to develop a holistic student, who can make a positive contribution to his community in order that he becomes "the best that he can be". St John's College looks forward to helping you in the individual development of your son/daughter.

St John's College Sports & Clubs Policy

